

## Calendar November 2024

Date	Event	Venue
Fri 1 <sup>st</sup> 7pm	Film: Beetlejuice Beetlejuice (12A)	SpArC Theatre BC
Sat 2 <sup>nd</sup> 8pm – 10pm	All New Sticky Wicket's Rhythm Band	SpArC Theatre BC
Sun 3 <sup>rd</sup> 10am	Holy Communion	Clunbury Church
Mon 4 <sup>th</sup> 11am	Annual Memorial Service	Clun
Tues 5 <sup>th</sup> 7.30pm	Film: 23 Walks (12A)	Lydbury North VH
Thurs 7 <sup>th</sup> 7pm	Film: Fly Me to the Moon (12A)	SpArC Theatre BC
Fri 8 <sup>th</sup> 8pm	Pepper and Honey	Bedstone and Hopton Castle VH
Sun 10 <sup>th</sup> 10.30am	Remembrance Service	Clunbury Church
Sun 10 <sup>th</sup> 12.30pm	Remembrance at Purslow War Memorial	Purslow
Wed 13 <sup>th</sup> 10 - 12pm	Craft & Social Group	Clunbury VH
Thurs 14 <sup>th</sup> 10.30-12pm	Clunbury Café	Clunbury VH
Fri 15 <sup>th</sup> 7.30pm	Film: The Miracle Club (12A)	Clun Memorial Hall
Sat 16 <sup>th</sup> 10am – 1pm	Craft & Collectables Market	Aston on Clun VH
Sat 16 <sup>th</sup> 7pm	Quiz Night	Clunbury VH
Tues 19 <sup>th</sup> 2pm	Film: Past Lives (12A)	SpArC Theatre BC
Sun 24 <sup>th</sup> 10am	Holy Communion	Clunton Church
Wed 27 <sup>th</sup> 10 - 12pm	Craft & Social Group	Clunbury VH
Thurs 28 <sup>th</sup> 10.30-12pm	Clunbury Café	Clunbury VH
Thurs 28 <sup>th</sup> 7.30pm	Musical: Mak£ Good (12+)	SpArC Theatre BC

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Please submit articles and photos by 20<sup>th</sup> of each month to :

**articles@theparishpost.org**

To ensure we can include as many articles as possible, we have revised the maximum word limit to **200 words**. The editorial team does not accept responsibility for any opinions expressed by contributors and reserves the right to edit contributions if deemed appropriate.

Nov 2024

# THE PARISH POST

For Beambridge Clunbury Clunton Coston Cwm Kempton Little Brampton  
Obley Purslow The Llan & Twitchen

Issue 160



## Can you help?



By <https://kavs.dcms.gov.uk/the-kings-award-for-voluntary-service-emblem-guidelines>

### Clun Valley Good Neighbours Scheme

More than 50 residents of the Clun Valley, from Clunbury to Bettws y Crwyn and out to Chapel Lawn, volunteer to offer support to their neighbours. The Helpline (01588 640016) was set up in 1993. Volunteer Telephone Coordinators are on duty every working day, Monday to Friday, from 9am to 1pm. Currently our helpline has over 100 calls a year. Most tasks involve driving people to local appointments e.g. at the surgery or optician or collecting prescriptions. Sometimes we get asked to help with local shopping or other practical tasks. A further arm of our organisation is Good Friends which provides 1:1 befriending and home visiting to people wanting companionship. We also run on a Friday afternoon fortnightly the Clun Friendly Cafe, a community cafe at Haslehurst in Clun which aims to provide informal support to anyone local including people with dementia and their carers. It is run by volunteers and offers tea, cake and a chat. A further service is the wheelchair loan scheme. We are a registered charity (Charity Number 1057573). We are proud to have been given the Kings Award for Voluntary Service in 2023. Interested in volunteering?

We are particularly keen to recruit Good Friends (training and support provided, contact Mary Eminson ([meminson@btinternet.com](mailto:meminson@btinternet.com))).

We also need to recruit more volunteer drivers from Clunbury and Hopesay parishes.

For further information contact Chrissie Verduyn

( [chrissie.verduyn@btinternet.com](mailto:chrissie.verduyn@btinternet.com) )

The intrepid walkers on the parish walk on the last Saturday in October  
(picture by Beej Parmar )



## Church News

### Services for St Mary's, Clunton and St Swithin's, Clunbury

#### November 2024

Date	Time	Service	Church
Sunday 3 <sup>rd</sup>	10am	Holy Communion	Clunbury
Monday 4 <sup>th</sup>	11am	Annual Memorial Service	Clun
Sunday 10 <sup>th</sup>	10.30am	Remembrance Service	Clunbury
Sunday 10 <sup>th</sup>	12.30pm	Remembrance at Purslow War Memorial	Purslow
Sunday 24 <sup>th</sup>	10am	Holy Communion	Clunton

### Clunton

1<sup>st</sup> Barbara Jones

2<sup>nd</sup> Jean Jones

3<sup>rd</sup> Tim Wood



November

### Clunbury

Lesley Holland £20

Madeline Watkins £15

Anne Williams £10

Jasper Grimes £5

Judith Payling £5

## Climate and Environment Group Report

### Parish Walk

The last Parish Walk of 2024 was held on the first Saturday in October. Ten of us and three dogs set off from The Llan, giving us great views from the start. It was a grey morning but as we ascended Black Hill the cloud began to clear. We ventured off the byway along a well-walked path through the trees, eventually arriving at the parish land (Whinberry Hill) where we stopped for refreshments. We were sad to notice that the nearby lone mistletoe appeared dead. At 1,400 feet above sea level it was the highest known in Shropshire – and possibly in England. After a short explanation of the work to clear the bracken, we headed across Black Hill to the mast. It was then downhill all the way through Sowdley Wood, with stunning views across and along the Clun valley. We continued our descent through Clunton Coppice then it was up into Purslow Wood. We finished the walk with a short but very slow, steep climb back up to the Llan! A great 7.5 mile walk in wonderful autumnal weather. Thank you to all who came and I look forward to leading another walk early in 2025.

Catherine Lishman

### Whinberry Hill

The cutting of the bracken over the northern part of the site as previewed in the last Parish Post was the final piece of work financed through the Parish's Farming in Protected Landscapes project. In all the project drew in more than £9,000 of funding and generated an income of £1,100.10. Subject to final confirmation from the Parish Council, this income will be ring-fenced for future environmental work in the Parish.

### Litter pick

Our next litter pick will be on Saturday 16 November – all welcome. We will meet at the 100 House at 11am and will pick for an hour or so. Litter grabbers and bags will be provided but please bring gloves and high-vis clothing, if you have any, though some will be available to borrow.

### Group Meeting

Our next meeting is on Friday 22 November at Clunbury Village Hall, 9.45 for 10.00am. Please note, this is an hour earlier than usual. All welcome, please come along to listen to our discussion and contribute your ideas.

### Water monitoring

If you would like to learn more about the river and its current condition, do come and observe or participate in our monthly monitoring sessions on behalf of the River Clun Monitoring Group:

**River Kemp** at Kempton Ford: Friday 8 November, 2pm

**River Clun at Clunbury:** Sunday 10 November, 11.30am (meet at footbridge in centre of the village)

**River Clun at Clunton:** Tuesday 12 November, 10.30am at Clunton Bridge

Group contact: Tom Wall [walltom@hotmail.co.uk](mailto:walltom@hotmail.co.uk) 01588 660561



Bedstone and Hopton Castle  
Village Hall, SY7 0BE  
Friday 8<sup>th</sup> November, 8pm

“A warm and gentle show” **The Stage**  
“There was not a dry eye in the house by the end” **The Review Hub**  
“A beautifully written story...a subtle and charming production, rich in detail” **British Theatre Guide**



**QUIZ NIGHT**

**Clunbury Village Hall**  
**Saturday 16th November**  
**at 7pm**

Come along and join us for a fun quiz evening

**£4 Per Person to enter with prizes for the winning team on the night**

**Bring a Bottle - Complimentary Nibbles, Tea & Coffee**

For more information: Contact Allister - 01588 661180 or Maria - 07956 742899

### The Monkey Puzzle



Lando Norris is on a two mile Sunday drive. He drives the first mile at an average of 30mph. What must he average in the second mile so that his overall average is 60mph ?

Answer next month

## November in the garden



As winter approaches and our frosts have begun, our daylight hours have also reduced leaving the plants in a state of rest. Overwintering plants will be putting on good roots while the growth we see is minimal.

It's a wonderful time of the year to feed our soil, plan for next season and clean greenhouses and polytunnels, repair garden beds and tools.

As much as a mild winter may be good for us in many ways the garden needs a good few heavy frosts to rebalance the insect population. After such an issue with slugs and snails this year, we definitely don't want to see a repeat of that. Frost helps break up manure as the soil life pulls it down from the surface.

There are still a few things we can plant and Sow to include:

- Hardy broad beans
- Garlic
- Onion sets
- Hardy salad leaves under cover



Feeding the birds will help support them over the colder months and encourage them to help you in the following months by eating pests.

Are you interested in growing your own and don't really know where to start? Seedling success UK is an online community where we do grow-alongs, give a list of what to sow each month and share information to help you succeed. You can find us on Facebook, Instagram and YouTube.

Written by Kimberly Cornish @growingwithspaniels

## Craft and Collectables Christmas Market Aston on Clun Village Hall

Saturday 16<sup>th</sup> November  
10am – 1pm



Free entry and parking  
A variety of antiques, craft, plants and local food

## An idea for Christmas



It is now the time to think of presents to give to older relatives who seem to have everything they need. Why not make a yearbook to record the events of 2024, full of happy memories which capture the essence of the year?

Take two pieces of card to make front and back covers and decorate, you could maybe cover with fabric, use a photo of the family having fun or make a collage reflecting the seasons. Then using as many sheets of paper as you can fill, include accounts of events eg birthdays, a first day at school, something funny or curious, what you did on your holiday, visiting a local attraction, a lovely day out, and maybe a national event. Illustrate each page with drawings, photos, maybe poems, you are only limited by your imagination. Write a dedication and who compiled the book on the first page.

Using a hole punch, on the short side of each cover and page make two holes. Assemble cover and pages together and thread through a ribbon or piece of string or wool, or even a length of finger knitting and tie in a bow. There you have it, a beautiful and unique book to present to someone special at Christmas!

Please send photos of completed projects to [articles@theparishpost.org](mailto:articles@theparishpost.org) and we will publish them in the February issue.