

The Parish Post would like to wish all our readers a lovely Summer. We hope you enjoy this joint July and August issue. We are a small team and are always looking for more volunteers. Please email us at [info@theparishpost.org](mailto:info@theparishpost.org) to find out more.



At Purslow show field, off Clun Road, SY7 0HJ, there will be show jumping, a hill run, a dog show, archery, music, a show tent, classic vehicles, a falconry display, clay shooting, trade stalls, a bar, food, and much more. Take part and enter the Handicraft and Produce Show, the closing date for entries is Tuesday 23rd July. For more details visit the Purslow Sports, Show and Gymkhana Facebook Page or pick up a programme, available at most local shops.



## Craft & Collectables Summer Market

Aston on Clun Village Hall  
Saturday 20<sup>th</sup> July 2024

10am – 1pm

Free entry      Parking

A variety of antiques, crafts,  
plants & local food



# *Climate and Environment Group Report*

Group contact: Tom Wall walltom@hotmail.co.uk 01588 660561



## *Group Meeting*

**Please join us at 10.45am in Clunbury Village Hall on Thursday 18 July** to discuss our future activities including habitat mapping, hedge planting, nature recovery initiatives, verges, work on Whinberry Hill and other issues that may be of interest or concern to you.

## *Walks*

The second 'Parish Walk' took place on Saturday 8 June on what turned out to be a beautiful day. When we set off the weather really could have gone either way! Thank you to all who came. We were a happy group of fourteen and it was lovely that two people new to the parish and three who were visiting friends came along too. Naturally, we had great views along the way but those from Clunbury Hill were stunning, in all directions.

**The next walk is planned for Saturday 10 August** starting from Clunton Village Hall at 9.30am. It will be about 7 miles and take in Kempton, Walcot Wood and Stepple. We will stop once for refreshments so please bring a drink. **For more information**, please contact Catherine Lishman catherinelishman@hotmail.com 07930 117 006

## *A Whinberry Pick-nic*

**We are holding the second annual Whinberry Pick-nic on Sunday 21 July.**

This will be on 'Whinberry Hill', the parish land on the Black Hill. We will meet at the Fiddler's Elbow Car Park (directions on request) at 11.00 am, from where a walk of about 15 minutes will take us to the site. This will be followed by whinberry picking and a bring-your-own picnic.

Transport will be available right to the site if needed and some seating will be provided. Just in case of ticks, please wear trousers. In the past, Adders have been seen nearby.

## *Water monitoring*

If you would like to learn more about the river and its current condition do come and observe or participate in our monthly monitoring sessions on behalf of the River Clun Monitoring Group:

**River Kemp at Kempton Ford: Friday 12 July, 2pm**

**River Clun at Clunbury: Sunday 14 July, 11.30am** (meet at footbridge in centre of the village)

**River Clun at Clunton: Tuesday 16 July, 10.30am** at Clunton Bridge





## *The Clunton Scrumper's Barrel Opening Evening*



was an enjoyable and well attended event  
with approximately sixty people taking part.



# LUDLOW ROTARY CLUB <sup>FUN</sup> DOG DAY 2024

Sunday 28th July 2024 - Stokesay Court

[www.LudlowDogDay.org.uk](http://www.LudlowDogDay.org.uk)



Held in the beautiful grounds of Stokesay Court, the day is all about fun for the whole family, particularly our furry friends. Dogs can take part in over 21 competitions, from the scruffiest mutt and waggiest tail to the cutest puppy.



For more information see [www.ludlowdogday.org.uk](http://www.ludlowdogday.org.uk).

At 10am on Sunday 28 July 2024 the gates of Stokesay Court will open for a fun-packed day for dogs and their owners and admirers at the start of another Ludlow Dog Day. For the event's tenth anniversary year, Ludlow Rotary Club will be welcoming back inspirational displays and helpful training tutorials which dog owners can try at home as well as holding a wide range of fun dog competitions and activities.

As well as the doggy events, there will be plenty of stalls to enjoy whether selling dog and country related goods or pampering to human needs such as the food stalls, the drinks bar, and the popular tea tent. Money raised in past years has enabled Ludlow Rotary to distribute over £140,000 amongst a wide range of charities and community organisations. The club plans to use this year's event to support 'Ludlow Rotary Cares', the club's community grants scheme, as well as other deserving causes.



# Gardening in July

by Kimberly Cornish

June felt more like March or April with its cold nights and warm then wet days. It's not hard to say that we'd all like to see a glimpse of summer now and not to be stuck inside during the school holidays. Come rain or shine, kids are often happy to get dirty in the garden and there's plenty they could watch grow over the six weeks.



Seeds which are easy to sow with the children include carrots, radish, lettuce, dwarf French beans, kohlrabi (a brassica that looks like it should grow in space! ) cress and pansies. All can be sown directly into the soil and grow quite quickly.

What else can we still sow from now for a harvest in autumn or even early winter?

- Beetroot, carrots, lettuce, chard, Chicory, endive and cress.
- Kalelets, kale, kohlrabi, winter/summer radish, Chinese cabbage and brassicas.



Continuing to harvest throughout the summer will encourage more flowers and therefore more food to grow.

It's a great time to sow biennials such as foxgloves, honesty, sweet William, forget-me-nots and wallflowers.

Are you are interested in growing your own fruit and vegetables? If so check out [Seedling success UK](#) on Facebook, Instagram and YouTube for grow alongs, how to process and store the harvest and up to date support throughout the year.



## *Enjoy a cocktail or mocktail this summer.*

### **Caipirinha**

Brazilian national cocktail

Serves 4

200 ml cachaca

2 limes cut into wedges

Ice

5 tbsps brown sugar



Put sugar and most of the limes into a jug and crush until all juice is out of the limes. Stir until the sugar completely dissolves.

Remove lime skins. Add ice and Cachaca and the rest of the lime wedges.

**To turn into a mocktail, replace cachaca with ginger ale or lemonade or tonic water.**



### **Pineapple Punch**

200ml pineapple juice

100ml ginger beer

The juice of half or a whole lime to taste.

Above quantities makes a large refreshing summer drink for one. Mix and pour over ice.

**To turn into a cocktail, just add vodka or white rum.**

# Church News

*July and August Services for  
St Mary's, Clunton and St Swithin's, Clunbury*

Date	Time	Service	Church
<i>July</i>			
Sunday 7 <sup>th</sup>	10.00am	Morning Prayer	Clunbury
Sunday 14 <sup>th</sup>	10.00am	Holy Communion	Clunbury
Sunday 28 <sup>th</sup>	10.00am	Holy Communion	Clunton
<i>August</i>			
Sunday 4 <sup>th</sup>	10am	Morning Prayer	Clunbury
Sunday 11 <sup>th</sup>	10am	Holy Communion	Clunbury
Sunday 25 <sup>th</sup>	10 am	Holy Communion	Clunton

**Our new Vicar** - Rev Lois Beynon will be licensed at Clun Church on **Monday 22nd July at 7pm**. All are welcome to attend this special service and to welcome Rev. Lois and her family to our Benefice. Lois and her husband Joe will be living in the Vicarage in Clun with their two young children.

**Sunday 14 July is our patronal service.** The Archdeacon of Ludlow, The Venerable Fiona Gibson will be conducting a Holy Communion Service at 10am. Coffee and biscuits afterwards.

**Saturday 14 September is Ride and Stride.** We have a wedding in the church so it will be open to R&S participants from 3pm to 6pm.

Do try and take part using any mode of transport. Details and sponsor forms available in the church.

**Keeping the Churchyard tidy.** Once again Robert Angell organised the team of local strimmers to tidy the south part of the churchyard, leaving some clumps of wildflowers. Many thanks to all who participated and to Julia Dumbell and Alex Holland who provided refreshments. The Caring for God's Acre volunteers have also been out scything the north side of the churchyard, so we are also grateful to them and to Helen White who provides their refreshments.

# Parish Post Contacts

For article submissions – [articles@theparishpost.org](mailto:articles@theparishpost.org)

General enquiries - [info@theparishpost.org](mailto:info@theparishpost.org)

Additional local information can be found on The Parish Post website

[www.theparishpost.org](http://www.theparishpost.org)

Follow The Parish Post on Facebook: [www.facebook.com/theparishpost](http://www.facebook.com/theparishpost)

**Please submit articles and photos by 20<sup>th</sup> of each month.** To ensure we can include as many articles as possible, we have revised the maximum word limit to **200 words**. The editorial team does not accept responsibility for any opinions expressed by contributors and reserves the right to edit contributions if deemed appropriate.

## Calendar - July 2024

Date	Event	Venue
Wed 10 <sup>th</sup> July 10am	Clunbury Craft & Social Group	Clunbury Village Hall
Thurs 11 <sup>th</sup> July 10.30am- 12pm	Clunbury Cafe	Clunbury Village Hall
Saturday 20 <sup>th</sup> 10am to 1pm	Craft and Collectables Summer Market	Aston on Clun Village Hall
Wed 24 <sup>th</sup> July 10am	Clunbury Craft & Social Group	Clunbury Village Hall
Wed 24 <sup>th</sup> July 7.30pm	SWSGC Wildlife in the Garden talk Jim Almond	Lydbury North Village Hall
Thurs 25 <sup>th</sup> July 10.30am-12pm	Clunbury Cafe	Clunbury Village Hall
Sat 27 <sup>th</sup> July 12pm	Purslow Show and Gymkhana	Purslow show field, off Clun Road, SY7 0HJ
Sun 28 <sup>th</sup> July 10am	Ludlow Rotary Club Fun Dog Day	Stokesay Court